

# Bal Sahyog

# NEWSLETTER

October 2025 to March 2026

## About us

Bal Sahyog was founded as a pious endeavor by the former Prime Minister of India, Smt. Indira Gandhi in 1954 for care and protection of the helpless, orphan, abandoned, runaways and vulnerable children and the children rescued from child labour. Bal Sahyog provides round the clock services of shelter, nutrition, medical care, clothing, education, vocational training, recreational and over all amenities to more than 125 children within its Children's Home. Honorable Prime Minister of India is the Patron of Bal Sahyog.

In its endeavor to holistic development of children in need and collective action, Bal Sahyog has been networking and collaborating with different child care Institutions, government Institutions, law enforcement agencies, donor agencies, non-government organizations, civil society organizations, opinion makers and individuals for the same. It is located in a campus of 1.67 acres in Connaught Place, New Delhi.



With 'n' By Children

## More About us..

We also have Bal Sahyog Middle School aided by Govt. of NCT of Delhi within its campus. Bal Sahyog is governed by General Committee of 25-30 members nominated by the Prime Minister Office. These members are eminent persons from different fields including current and retired bureaucrats, academicians and social workers.

# General Committee

1. Smt. Sunita Bhasin, Chairperson
2. Shri. Ashok Kumar, General Secretary
3. Shri. Sanjai Kumar Srivastava, Treasurer
4. Dr. Uma Tuli
5. Smt. Razia Sultan Ismail
6. Dr. Jyotsna Chatterji
7. Dr. Yogender Pal Anand
8. Dr. Shashi Prabha Gupta
9. Chief Secretary, Govt. of NCT of Delhi
10. Joint Secretary, Ministry of Social Justice & Empowerment, Gol
11. Joint Secretary(L&W), Ministry of Urban Development, Gol
12. Joint Secretary (SE-II), Ministry of Human Resource Development Gol
13. Joint Secretary (Sports), Ministry of Youth Affairs & Sports, Gol
14. Joint Secretary (NYKS/Dev.), Ministry of Youth Affairs & Sports, Gol
15. Joint Secretary, Ministry of Labour & Employment, Gol
16. Joint Secretary (Rural Livelihood) Ministry of Rural Development, Gol
17. Dr. Manjula Chakarvarty
18. Shri. Sunder Lal
19. Shri. M. S. Negi
20. Dr. U. N. B. Rao, (Retd. IPS)
21. Dr. Gautam Vohra
22. Dr. Santosh Jain Passi
23. Shri Kiremwati (Executive Director & Member Secretary)

# Key Highlights

In the last six months total of 34 children from Open Shelter and 03 from Shelter home were restored and rehabilitated.

Bal Sahyog Children's Home has covered 185 children in need of care and protection including Open Shelter and Shelter home. We have provided shelter, nutrition, education, health care, counseling, vocational training, computer skills and recreational facilities.

Covered More than 300 children under computer literacy Program and more than 100 children under tuition sponsorship program by ESSEL foundation.

## A note from the Executive Director

Over the past six months at Bal Sahyog, we have taken a moment to look back with deep pride and gratitude at all that we have accomplished together. This journey has been truly meaningful, as our collective efforts have helped empower vulnerable children by providing them with education, care, and opportunities to shape a better future.

None of this would have been possible without the continued trust and support of our donors and stakeholders. Your generosity—whether through financial contributions or other forms of support—has played a vital role in advancing our mission and creating real, lasting impact.

We sincerely value your commitment and remain united in our shared vision of bringing about meaningful change. With your ongoing encouragement, we are hopeful and determined to reach even more children and transform more lives in the time ahead.

With our deepest gratitude and appreciation.

Thank you,



Happy Work !

Kiremwati,  
Executive Director, Bal Sahyog,

# Children Home

Bal Sahyog operates two Children's Homes—BSCH-1 and BSCH-2—each licensed for 50 children (ages 6–11 and 12–18 respectively), along with an Open Shelter for 25 children. It also runs a middle school (classes VI–VIII) for residents and nearby children. The Connaught Place campus includes an eight-bed dispensary, a modular kitchen, a large dining hall, and ample space for recreation and sports.



## Bal Sahyog Children Home (BSCH)-1

During the last 6 months 37 children stayed at Bal Sahyog Children Home (BSCH)-1, out of which 2 children were successfully restored to their families as per the order of CWC (Child welfare Committee or after they completed 18 years of age.

### Overview of Children Accommodated in BSCH-1 Over the Last Six Months

Month	Total Number of Children in the beginning of the month	New Admission	Restored and Released	Transferred and Escort	Missing/ Runaway	number of children in the end of the month
October	28	3	1	0	0	30
November	30	4	0	2	0	32
December	32	1	1	2	0	30
January	30	1	0	1	0	30
February	30	0	0	2	0	28
March	28	0	0	0	0	28

# Children Home

## Bal Sahyog Children Home (BSCH)-2

During the last six months, a total of 42 children resided at Bal Sahyog Children Home (BSCH-2), where they received care, protection, education, and support for their overall development. During this period, one child was successfully restored to his family, and one child was adopted by a family, both in accordance with the orders issued by the Child Welfare Committee (CWC). Additionally, both children transitioned out of the home after attaining the age of 18, taking steps toward their living and reintegration into society.



### Overview of Children Accommodated in BSCH-2 Over the Last Six Months

Month	Total Number of Children in the beginning of the month	New Admission	Restored and Released	Transferred and Escort	Missing/ Runaway	number of children in the end of the month
October	33	0	0	0	0	33
November	33	1	0	0	0	34
December	34	1	0	0	0	37
January	37	2	0	1	1	37
February	37	3	0	0	0	40
March	40	0	1	0	0	38

# Open Shelter

During the last 6 months 88 children stayed at Bal Sahyog Open Shelter, out of which 34 children were successfully restored to their families.

The children in need of care and protection are provided with health care, counseling support and opportunity for residential stay for a short time at Bal Sahyog. These children are brought in from the nearby locality and produced before the Child Welfare Committee (CWC) where the first choice is made with the child's best interest as its top priority.



## Overview of Children Accommodated in Open Shelter Over the Last Six Months

Month	Total Number of Children in the beginning of the month	New Admission	Restored and Released	Transferred and Escort	Missing/ Runaway	number of children in the end of the month	Night Stay
October	20	22	06	03	0	33	11
November	33	05	11	12	0	15	15
December	15	07	01	02	0	19	06
January	19	10	05	04	0	20	21
February	20	10	08	04	0	18	18
March	18	14	03	06	0	23	08

# Activities at Bal Sahyog

## Celebrations at Bal Sahyog

Bal Sahyog conducts various activities, and celebrates festivals for the children to foster a sense of normalcy, belonging, and happiness, promoting their overall well-being and development.



### Birthday celebration

Birthday celebrations continue to be one of the key routine activities at Bal Sahyog, held on the 3rd of every month. During the period from April 2025 to March 2026, a heartwarming initiative was undertaken by two young children who generously chose to provide birthday gifts to the children of Bal Sahyog on each of these occasions. We extend our sincere gratitude and heartfelt thanks to both the children—Adhiraj and Mrigaanka—and their parents for encouraging and supporting them in this noble cause.

## Daily Yoga and Morning Assembly

At Bal Sahyog, children begin their day with daily yoga and exercise sessions conducted under the guidance of a trained PTI instructor, promoting physical fitness and discipline. After completing their morning routine and freshening up, they gather for the morning assembly, where they participate in prayer, helping them start the day with focus, positivity, and a sense of togetherness.



# Special Meal

## On Events and Festivals or on Special Days

Festivals and special events bring a vibrant energy and a sense of togetherness that our boys truly cherish. These occasions become even more meaningful when paired with thoughtfully prepared festive meals, turning each celebration into a joyful and memorable experience. This warmth is made possible by the generosity of our supporters and well-wishers, who sponsor meals through financial help or by contributing food items with love and care. Some take the time to cook special dishes themselves, while others arrange for their families to send homemade treats, adding a personal touch that the children deeply appreciate.

On these occasions, the meals are special—featuring a delightful spread of dishes like halwa, kheer, sewiyan, paneer preparations, raita, dal makhani, and much more. Over the past six months, a total of 68 special meals—covering breakfast, lunch, and dinner—have been generously sponsored, making each celebration richer and more meaningful for the children.



"A meal is never just calories; it's a sense of worth, a moment of relief, and proof that no one is forgotten."

**'Adam Reiner'**

# Events and Festivals

## Drug Addiction Awareness Workshop

On 8th October 2025, CELR Foundation organized a drug addiction awareness workshop at Bal Sahyog for its children. The session aimed to educate and sensitize young minds about the harmful effects of substance abuse, while promoting healthy lifestyle choices and informed decision-making. Through interactive discussions and engaging activities, the workshop encouraged the children to stay aware, confident, and resilient against negative influences.



## Exhibition at Nirmal Chhaya Complex

On 12th October 2025, children of Bal Sahyog proudly showcased their handmade paintings during an exhibition held at Nirmal Chhaya Complex. The event was organised by Amar Jyoti Charitable Trust which was graced by District Officer, New Delhi, Ms. Sapana Goyal and Member DCPO-II. They appreciated the creativity and efforts of the children. It was a moment of great pride as the exhibition was selected for the next level, reflecting the talent and dedication of the young participants.

## Workshop on safety from screen addiction

On 2nd October 2025, Parvarish Cares Foundation conducted an informative session for the children of Bal Sahyog, focusing on body changes and personal safety. The session emphasized the importance of self-awareness, healthy development, and overall well-being. Additionally, the team addressed the growing concern of screen addiction, encouraging children to participate in more recreational and offline activities to maintain a balanced and healthy lifestyle.



# Participants Enjoyed Deepawali Mela!



## Foreign Exchange Program (France)

Students from the France Exchange Program organized at Bal Sahyog by Delhi Public School, Gautam Buddha Nagar, Noida, actively took part in the event. They enthusiastically engaged with the stalls set up by the children of Bal Sahyog and purchased various products, encouraging their efforts. The participants also enjoyed a special lunch during the celebration and, as a kind gesture, distributed gifts to the children of Bal Sahyog, making the Deepawali Mela a joyful and memorable experience for everyone involved.



## Children from nearby Schools.

The Deepawali Mela at Bal Sahyog was filled with joy and festive cheer, made even brighter by the participation of students from Manav Sthali Global School and GD Goenka Public School. The children enjoyed sweets, explored stalls by Bal Sahyog kids, shared gifts, and danced together, creating a heartwarming celebration of togetherness.



## Partner Organizations

The Deepawali Mela was made even more special by the active participation of organizations like Chetanalaya and Make A Difference. They set up colorful and engaging stalls to showcase their initiatives, programs, and community projects. Visitors had the opportunity to learn about the meaningful work these organizations are doing, interact with their representatives, and support their causes. Their presence not only added depth and purpose to the festivities but also inspired attendees to get involved and contribute to positive social change.

## Deepawali Mela at Bal Sahyog

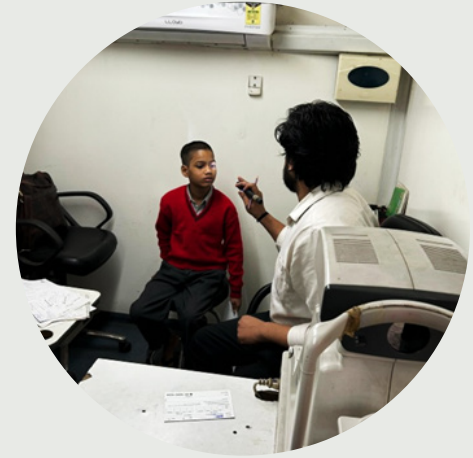
On 14th October 2024, a vibrant Diwali Mela was organized by Bal Sahyog for the children of Bal Sahyog. The event was Inaugurated by the special visit of the honorable District Officer (Smt. Sapna Goel), New Delhi, who added great value to the occasion. Our Executive Director (Shri. Kiremwati), warmly welcomed them with bouquets and presented thank-you cards as a token of appreciation. A lucky draw was also conducted during the mela, bringing excitement and joy to everyone present. Several organizations and institutions, including Manav Sthali Global School, GD Goenka Public School, and participants from the France Exchange Program organized at Bal Sahyog by Delhi Public School, Gautam Buddha Nagar, Noida, engaged with the stalls set up by the children of Bal Sahyog and purchased various products.



## Full-Body Checkup Camp at Bal Sahyog

A full body check-up camp was organized on 8th November 2025 by Apollo Hospital, Jasola, by the Rotary Club of Delhi in collaboration with Cipla, Clove Dental, and Centre for Sight. The camp included comprehensive eye check-ups, dental check-ups, and general health screenings for all the children and staff of Bal Sahyog.

We sincerely thank all the organizing partners for their thoughtful initiative and dedicated efforts towards the well-being of these children. Their contribution truly reflects a commitment to serving the community and supporting a noble cause.



## Mrs. Globe (Anuradha Garg) share moments with the children of Bal Sahyog

On 13th November 2025, a wonderful initiative was carried out at Bal Sahyog Children Home, where Mrs. Globe, Anuradha Garg, generously sponsored a wholesome lunch for the children. Adding to the joy of the day, she also distributed stationery kits along with T-shirts, bringing smiles to every child present. The event was further enlivened by a fun and engaging drawing activity, encouraging creativity and self-expression among the children. The day stood as a beautiful reminder of compassion, community spirit, and the positive impact of thoughtful gestures.



## Donation by HAL Delhi Shakti Club

On 14th November 2025, HAL Delhi Shakti Club carried out a heartfelt initiative to support children in need by distributing winter essentials. The club generously donated warm clothing and other necessary winter items to ensure the children remain protected during the cold season. This thoughtful gesture not only provided comfort but also spread joy and a sense of care among all the children. The initiative reflects the club's continued commitment to social responsibility and community welfare, making a meaningful difference in young lives.



## Drawing Activity Organized by My Home India

On 09th of December 2025, My Home India organized a vibrant drawing activity with the children of Bal Sahyog, bringing together creativity and joy in a heartwarming environment. The children enthusiastically participated, expressing their imagination and emotions through colors and sketches. The event not only provided a platform for artistic expression but also fostered a sense of community and encouragement among the young participants. Volunteers from My Home India guided and supported the children, ensuring that each child felt valued and inspired throughout the activity. It was a memorable day filled with laughter, creativity, and the simple joy of art.



## Birthday of Ms. Maya Nirula celebrated by the children of Bal Sahyog

On 07 December 2025, children visited the farmhouse of Ms. Maya Nirula, the owner, to celebrate her birthday. During the visit, the children participated in various fun activities and games. The celebration also included a joyful cake-cutting ceremony, making the day memorable for everyone.

## Drawing competition by the DCPU

On 20th December 2025, the DCPU (District Child Protection Unit) organized a vibrant Drawing Competition for the children of Bal Sahyog. The event brought together young talents, encouraging them to express their creativity and imagination through art. The children enthusiastically participated, showcasing their unique perspectives and artistic skills, making the day a colorful and memorable celebration of creativity and joy.



## Veer Bal Diwas at Bal Sahyog

From 22nd to 31 December 2025, children enthusiastically celebrated Veer Bal Diwas with a variety of engaging activities. The days featured digital storytelling, essay writing, and drawing competitions, allowing the young participants to express their creativity and learn about the heroic deeds of young freedom fighters. The children actively took part in all activities, demonstrating great enthusiasm and reverence, and paid tribute to the courage and sacrifice of the young heroes who inspire us even today.



## Children of Bal Sahyog at Shangri-La Hotel

On 3rd October 2025, Shangri-La Hotel embraced the festive spirit early by celebrating Christmas at the hotel, hosting a delightful lunch for the children of Bal Sahyog. Continuing the season of joy, on 20th December 2025, the hotel celebrated the birthday of its General Manager, Mr. Abhishek Sadhoo, with a special Christmas-themed celebration. Children and staff enjoyed a festive lunch followed by a movie, making the occasion memorable and heartwarming for everyone involved.

## New year celebration by Indian Oil Corp. Ltd. at Bal Sahyog

On 1st January 2026, Indian Oil Corporation hosted a joyful New Year celebration for the children of Bal Sahyog. The event was filled with enthusiasm as children showcased their talents through dance, music, poetry, and performances. A special highlight was the celebration of January-born children, who cut a birthday cake on stage, adding warmth to the occasion. The festivities concluded with gift distribution by the Honourable Chairman, Arvinder Singh Sahney, making the day truly memorable for all.



# Performance at the National School of Drama (NSD) by Bal Sahyog Children

## On Events and Festivals or on Special Days

It was a wonderful and heartwarming experience to witness the children of Bal Sahyog perform so confidently and beautifully at NSD – National School of Drama. Their dedication and talent truly shone on stage, making both performances memorable. We are deeply thankful to Mr. Vijay, the organiser and his team from NSD, for the immense effort in teaching and training the children so exceptionally well that they were able to perform at such a renowned stage. The performances held at Bal Sahyog on 27th March and at NSD on 1st March 2026 were a true celebration of their hard work, creativity, and spirit.



# Republic Day at Bal Sahyog

## On 26th January at Bal Sahyog

On 26th January 2026, Bal Sahyog Children's Home celebrated Republic Day with great enthusiasm, bringing together children, staff, and students of the Bal Sahyog Middle School. The celebration featured a vibrant cultural program in which children actively participated—welcoming the Executive Director (ED), Superintendent, and Principal, and presenting patriotic songs, poems, and speeches. The dignitaries later addressed the gathering, highlighting the significance of the day and inspiring the children. The event aimed to instill a sense of patriotism, unity, and awareness about the nation's values, and concluded with the distribution of sweets to all attendees, making it a joyful and meaningful occasion.



## Mera Yuva Bharat celebrated Swami Vivekananda Janma Jayanti at Bal Sahyog.

On 12th January 2026, Nehru Yuva Kendra organized a celebration of Swami Vivekananda Jayanti at Bal Sahyog. The event was marked with enthusiasm, followed by a drawing competition in which children actively participated and expressed their creativity. At the end of the program, trophies were awarded to the children who secured first, second, and third positions. Refreshments were also distributed, making the occasion enjoyable and memorable for all the children.



## Tetanus Camp at Bal Sahyog

On the 31st January, the children at Bal Sahyog were administered tetanus injections by the home's doctor, Mr. Vijay. This important health measure was carried out to protect the children from tetanus and ensure their well-being, reflecting Bal Sahyog's continued commitment to the safety and health of all its residents.

## Exposure Visit at Amrit Udyan

On 20th February 2026, children from Bal Sahyog, visited Rashtrapati Bhavan - Amrit Udyan. The children explored the beautiful Amrit Udyan, enjoying the serene environment and learning about the significance of the venue. After the visit, refreshments were arranged for all the children, making the outing both enjoyable and memorable.



## Health Checkup Camp by DCPU

On 26th February 2026, a health checkup activity was conducted at Bal Sahyog by the District Child Protection Unit (DCPU) for 13 children from the Bal Sahyog Open Shelter. The checkup aimed to assess and ensure the health and well-being of the children, providing them with necessary medical attention and guidance for maintaining good health.



## Holi Celebration at Bal Sahyog

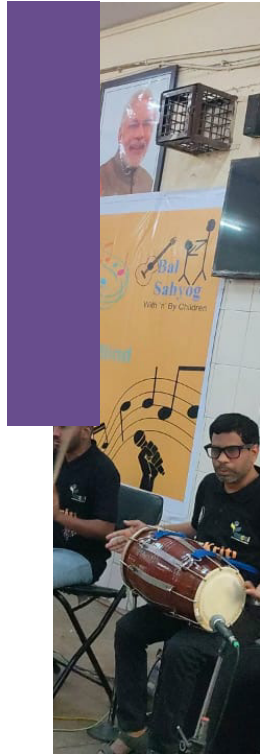
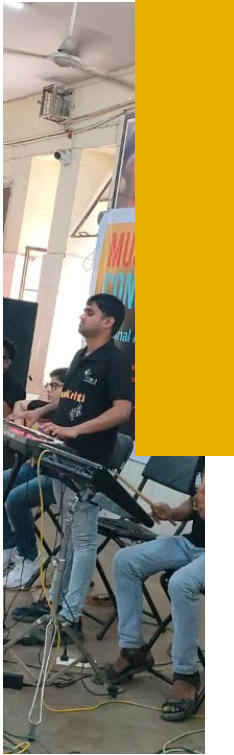
On 4th March 2026, the children and staff of Bal Sahyog Open Shelter came together to celebrate Holi. The vibrant festivities included colors, music, and fun activities, allowing the children to enjoy the spirit of the festival in a joyful and safe environment. The celebration fostered a sense of community, togetherness, and happiness among all participants, making it a memorable day for everyone at the Open Shelter.



# Music Show By NAB

Bal Sahyog in  
collaboration

with The Nab



National Association for the Blind, Delhi is a pioneer in initiating services for Individuals with visual impairment and additional disabilities. The organization lays special emphasis on education and skill development and also building a strong partner presence who contribute in sharing views and ideas for helping the visually impaired.

On 1st January 2026, and on 18th March 2026 everyone present at Bal Sahyog became a live volunteer, wholeheartedly engaged in the incredible performances by the music band from the National Association for the Blind (NAB), a remarkable social welfare organization dedicated to empowering individuals with visual impairments.



# Our Extension Centre (Ministry of Micro, Small & Medium Enterprises) MSME

MSME-DI (Development Institute), Extension Centre, Bal Sahyog was established in the year 1956 to provide technical training for skill development in different trades to the educated, unemployed youth and school dropout children of the Society.

The primary objective of these trainings is to encourage self-employment and equip the children with industry-relevant skills, enabling them to become confident and capable contributors to the workforce. Upon successful completion of their courses, the children who enrolled at MSME-DI were also certified, marking an important milestone in their journey toward independence and sustainable livelihoods.



# Sponsorship Programs by ESSEL Social Welfare Foundation

## **Tuition Program for destitute children**

Bal Sahyog, with the support of the ESSEL Foundation, has been providing specialized tuition to children at the Bal Sahyog Home in Connaught Place. Over the past six months, more than 100 beneficiaries, ranging from Class 1 to 12, have received tuition in subjects such as English, Mathematics, Science, Physics, Chemistry, Biology, Economics, and Accountancy. Six dedicated tutors have been instrumental in supporting these students' academic growth. Along with subject-specific lessons, the children also engage in a variety of classroom activities designed to foster creativity, teamwork, and personal development, enhancing their overall learning experience and helping them build essential life skills.



## **Computer Literacy Program for Under-Privileged Children**

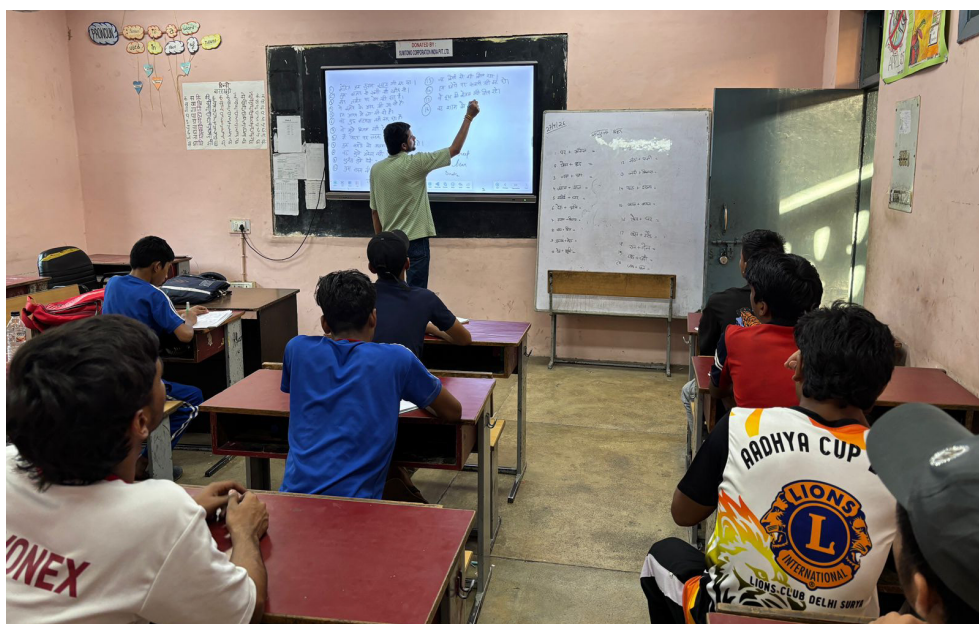
Bal Sahyog is currently running a vocational "Computer Training Programme" with the support of the ESSEL Foundation, aiming to empower adolescents, men, and women by teaching them essential computer skills. This initiative is being carried out at various contact centres across Delhi, specifically in Karol Bagh, Wazirpur, and Connaught Place. In the last six months, more than 150 children have successfully received training in the fundamentals of computers, marking a significant milestone for both the participants and our team. This accomplishment highlights the positive impact of the programme in providing valuable skills that can open doors to further educational and employment opportunities.



# Education and Nutrition Support Program by HLSA - Children Education Society

We are delighted to announce our association with HLSA – Children Education Society in supporting a meaningful initiative aimed at the welfare of children at Bal Sahyog. Through this collaboration, we have been able to sponsor the education and nutrition of 15 children, ensuring they receive the care, learning opportunities, and nourishment they deserve for a better future. A total amount of Rs. 9,00,000/- was contributed towards this noble cause, which has significantly supported the ongoing efforts to uplift and empower these children.

This partnership has been truly impactful, and we deeply appreciate the opportunity to contribute towards such a meaningful initiative. We look forward to continuing and strengthening this collaboration in the coming years, with the shared vision of creating a lasting positive difference in the lives of underprivileged children through education and nutrition support.



# Thanks for your support Donors

ESSEL SOCIAL WELFARE FOUNDATION	MEENAKSHI KUKREJA
POLYPLASTICS MARKETING (INDIA) PVT. LTD.	JYOTI NAYAK AND MAYURI NAYAK
STATE CHILD PROTECTION SOCIETY (DWCD)	AYUSH ARORA
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HLSA CHILDREN EDUCATION SOCIETY	RAMESH KHANNA
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NEELAM GUPTA	SUNITA BHASIN
VIVEK GUPTA	ANCHIT GOGNA
RAJIV PRAKASH	SHOBHANA BHARTIA

# Thanks for your support Donors

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MRIDUL KHANNA	SAURABH CHATURVEDI
PREETI MISHRA	PRAVESH THAKUR
PRABHAT KUMAR PANDEY	GIRISH MAINI
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GYAN SHARMA	SEEMA L UPPAL
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SITA SINGH	LUTZ WILHELM ERICH BAUER AND SYLVIA MARIA BAUER
VINNIE SHARMA	



# How you can Help us?

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**1**

**Special Occasion Breakfast/Lunch /Dinner can be sponsored at reasonable cost by the donors.**

**2**

**Sponsor an outing for 40 children of your choice for a day by paying Rs. 8000/- or arrange a bus for their transportation.**

**3**

**Sponsor an outing for up to 125 children of your choice for a day by paying Rs.22,000/- or arrange their transportation.**

**4**

**Share your moments of happiness by celebrating birthdays or anniversaries or festivals or any other event.**

**5**

**Sponsor a child for one year (including food, shelter, clothing, health, education, games, outings, etc.) by paying Rs. 72000/- . (Payment can be made @ Rs.6000/- per month).**

**6**

**Donation in cash or kind towards infrastructure maintenance and development such as kitchen, toilets, dorms, coolers, refrigerators, fans, water heaters, equipments, play grounds, etc.**

**7**

**Donation in cash or kind for specific purpose like blankets, warm clothes, bed cushions, bed sheets, pillows, play materials, children clothes, sleepers, shoes, socks, locks and keys, etc.**

**8**

**Volunteering with Bal Sahyog in different ways.**

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## Note:

You can donate either in cash or through Cheque/Bank Demand Draft drawn in favour of Bal Sahyog or through Net Banking /NEFT/RTGS. The details of our bank accounts are as under:

AU Small Finance Bank, K-16, Plot No.: 2, Block- K2, Connaught Place, New Delhi-110001, Savings Bank  
Account No: 2401263558829079, IFS Code: AUBL0002635.

Donations in cash up to Rs. 2,000/- and all donations made through Cheques, Demand Drafts, RTGS/NEFT, Or Net Banking are exempted under SECTION 80G of the Income Tax Act of 1961. Donations made in cash exceeding Rs. 2,000/- will not be allowed as deduction u/s 80G of I.T. Act.

For donations by Foreigners and NRIs, please contact, Executive Director (9599194802) / Bal Sahyog, Opposite L-Block, Connaught Place, New Delhi-110001, Phone: 011-23411273/995.: